

# Pierce Day School MENU



## Week 1



Monday    Tuesday    Wednesday    Thursday    Friday

<b>HOTDOGS,</b> <b>BEANS,</b> VEGGIE STICKS, <b>DESSERT</b>	<b>PASTA</b> PLAIN/SAUCE, ITALIAN BREAD, <b>SALAD,</b> <b>DESSERT</b>	<b>PIERCE</b> <b>OVEN BAKED</b> <b>CHICKEN</b> <b>NUGGETS,</b> ASSORTED DIPPING SAUCES, STEAMED BROCCOLI, BAKED SWEET POTATO PUFFS, DESSERT	<b>FRENCH</b> <b>TOAST</b> <b>STICKS,</b> APPLESAUCE, <b>DESSERT</b>	<b>PIZZA,</b> GARDEN GREEN SALAD, DESSERT
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## Week 2



Monday    Tuesday    Wednesday    Thursday    Friday

<b>ALL BEEF</b> <b>SLIDERS,</b> VEGGIE STICKS, DESSERT	<b>MAC</b> and <b>CHEESE,</b> BROCCOLI FLORETS, <b>DESSERT</b>	<b>PIERCE</b> <b>BAKED CHICKEN</b> <b>TENDERS,</b> ASSORTED DIPPING SAUCES, SWEET KERNEL CORN, BAKED SWEET POTATO PUFFS or STARS, DESSERT	<b>EDAMAME</b> <b>DUMPLINGS,</b> SWEET and SOUR SAUCE, BROWN RICE, DESSERT	<b>CHEESE</b> <b>QUESADILLAS,</b> GARDEN GREEN SALAD, DESSERT
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### LUNCH SUBSTITUTES

- \* Assorted Whole Wheat Sandwiches, Tuna, Jelly & Cheese Sandwiches
- \* Fat Free Assorted Yogurts
- \* Fresh Garden Salad
- \* Fresh Fruit Bar and more...

### PEANUT & TREE NUT FREE

### REFRESHMENTS

- \* Whole Milk, 2% Milk, Lemonade or Iced Water

### SALAD DRESSINGS

- \* Ken's Lite Italian & Ken's Lite Balsamic

### FRESH FRUIT BAR INCLUDES:

- \* Apples, Peaches, Pears, Plums, Oranges, Nectarines, Bananas, and more...
- \* Seasonal fruit available every day.

### DESSERTS

- \* Assorted Cookies, Fruit Twists, Rice Krispy Treats, Pudding, Mini Doughnuts, Brownies, Applesauce, Jello, Churros, and more...



\* Menu subject to change



The Pierce Country Day School is dedicated to offering our students a healthy and child friendly food service operation. All foods are prepared daily on site by our certified chef. We make every effort to offer fresh, popular lunches and snacks for the enjoyment of our student community.

**SUBSTITUTES:** A wide variety of lunch time substitutes are available daily to our students. Substitutes include assorted cold cut sandwiches, tuna salad, yogurt, jelly sandwiches and much more...

**SPECIAL DIETARY NEEDS:** Any and all allergies and other dietary concerns should be brought to the attention of our Directors. Individual attention will be provided to insure that your child's dietary needs are met to your specifications.

**SNACKS:** Morning snacks are provided for all classes. A second mid afternoon snack will be offered to our "Full Day" classes. Snacks include a variety of fresh seasonal fruits, crackers, cookies, fresh vegetables, fruit twists, apple sauce and assorted cheeses and cereals.

Many additional delights are prepared throughout the school year by our little chefs as part of our cooking program.

**NOTES:** A wholesome and nutritious breakfast at home is certainly a good start for each and every student's day!

Pierce makes every attempt to be a **PEANUT and TREE NUT FREE ENVIRONMENT**. We greatly appreciate the cooperation of this very important safety consideration by all of our families and staff.

No food, candy or treats should be sent to school from home unless discussed and approved by our school Directors. We also want to maintain a no food policy on our school buses for safety reasons.

Children...**FIRST**

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PIERCE

COUNTRY DAY SCHOOL

MENU

Aa Bb Cc Dd Ee

1 2 3 4 5 6 7 8 9 10